

A Georgia Coordinated Specialty Care Team's Secret Sauce for Success: Family Engagement!

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Georgia Department of Behavioral Health & Developmental Disabilities

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Disclosures

Ellen Dean has been employed by Columbia University/
New York State Psychiatric Institute/
Research Foundation for Mental Hygiene in NY
as a clinician, administrator, and consultant & training
specialist with the RAISE Connection Program study
and OnTrackNY/OnTrackUSA.

Agenda

- Ellen Dean, LCSW: Overview of Coordinated Specialty Care in GA
- Beth Broussard, MPH, CHES: Literature Review
- Rob Cotes, MD: CSC + Open Dialogue
- Xavier Spann, LPC, NCC: Cultural Considerations
- Chris Okpor, BS, CPS-P, CTRS: Role of the CPS-P
- Panel Discussion / Q and A

Implementing CSC in Georgia

Implementation in Georgia: Phase 1

- Stakeholders Group identified in 2014: Emory University, GA Regents University, Morehouse School of Medicine, Community Service Boards, NAMI, GMHCN and GPSN
- Activities of Stakeholders Group:
 - Assess need
 - Determine population to be served
 - Determine service delivery model
 - Plan infrastructure activities

Phase 1, continued

- Procurement: Statement of Need (January 2015)
 - Target population: Initially Ages 16-25, Early SMI/Psychosis (symptoms no longer than 18 months) – later revised to Ages 16-30, symptoms no longer than 24 months
 - Community outreach/education activities crucial
 - Coordinated Specialty Care (CSC) model: Hybrid
 - Budget: \$750,000
- Contracts Awarded (April 2015) for Demonstration Sites at 3 Community Service Boards (public safety net providers)

Rectangular Ship

Demonstration Sites



- Advantage
10 Counties in Athens area
- DeKalb CSB
Fulton and DeKalb Counties
- View Point Health
North Metro Atlanta

Slide courtesy of GSU

Rectangular Ship

Public Awareness Campaign #1

11/9/2015 – 12/31/2015

Goals:

- To increase public awareness of early signs of mental illness
- To inform communities of existence of CSC services
- To encourage help-seeking & connect people with resources
- To reduce stigma



He went through a hard time last year. He didn't seem like himself, he never wanted to go anywhere anymore, and he was losing weight. Then his family and I helped connect him to reality and mental health care.

How is he doing now? I'm so glad we're still close friends.

Middle-aged, financially and sexually active, having or seeing things that others don't, and feeling lonely or suspicious are the real reasons you can be signs of mental illness. It's 10 years since these warning signs. The young adults between the ages of 18-25, getting help early can make all the difference. For more information:

This Way To Healing.org
or call 800-735-4225



LIGHT-ETP

Listening, Inspiring,
and Guiding Healthy Transitions
Early Treatment Program

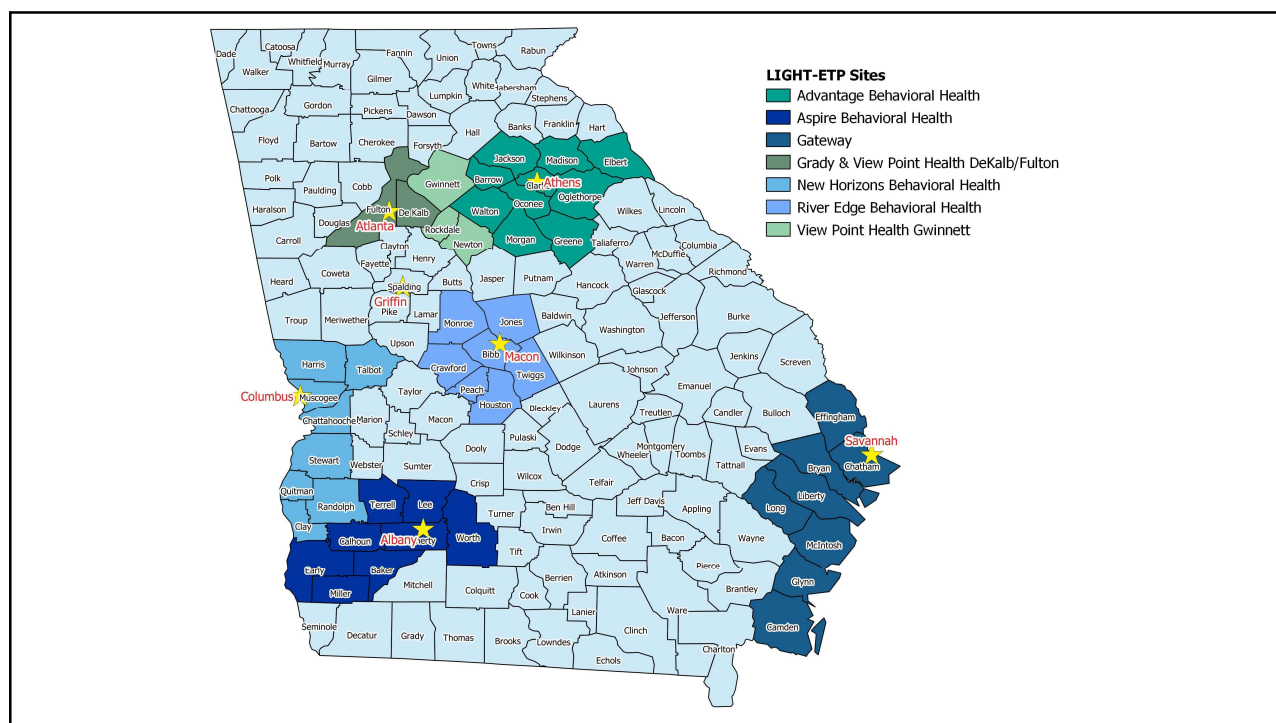
Phase 2: Expansion of CSC

2016: SAMHSA set-aside amount increased from 5% to 10%

Number of CSC Programs in GA increased from 3 to 8:

- Advantage Behavioral Health Systems in Athens
- View Point Health: Two Teams: DeKalb/Fulton and Gwinnett Co., ATL
- Aspire in Albany
- River Edge in Macon
- New Horizons in Columbus
- Grady Health System: Expansion from 30 to 50 participants, soon to be 75
- Gateway in Savannah

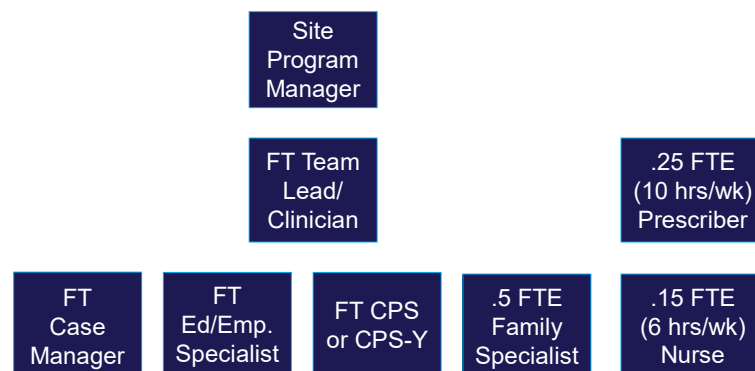
Currently: GA MHBG = \$23M; CSC = \$2.3M



Data

- Through June 2021: 658 youth/young adults served in CSC programs
- Average age at enrollment: 21
- Average time enrolled with team: 15 months

Team Structure



Framework for CSC in Georgia



Key Concepts and Principles



Key Concepts and Principles

Humility

Not Our Job:

- "Getting" people to "comply" with treatment
- "Getting" people to "Take Their Meds"

Our Responsibilities:

- to provide the best possible care
- to provide accurate information in a clear & accessible way
- to press every possible lever on behalf of our participants
 - to learn to tolerate uncertainty
 - to walk alongside people, for a little while
 - to convey hope

Also:

Innovation

What else do you do really well?

What's unique about your team and your community?

and

What do you need to make your innovation successful?

Grady Health System
Atlanta, GA
Project ARROW

Thank You
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